

**Report on Community Outreach program on Personality Development and Team-Building Session.**

**Report** submitted by Dr. K. V. Geetha Devi, Associate Professor, School of Management Studies.

Participants: 110

Mode of Conduct: Offline

Out reach program conducted on 12 December 2025. at Sri Shirid Sai junior college for Girls-- Gorantla

The session was planned with the intention of creating a comfortable and encouraging space where students could understand themselves better and feel confident about their abilities. I had the opportunity to visit an **Intermediate Girls College** to interact with students on the topic of **personality development** and personal growth.

During the interaction, I spoke to the students about the importance of self-confidence, positive thinking, communication, and self-discipline in both academic life and everyday situations. The discussion was kept simple and relatable so that students could easily connect the ideas with their own experiences. The students listened attentively and actively shared their thoughts, which made the session lively and meaningful.

To make the learning experience more engaging, I conducted a few **fun and interactive games** focused on **team development and individual alertness**. Through team-based activities, students experienced the importance of cooperation, trust, and supporting one another. These activities helped them realize that working together not only makes tasks easier but also builds strong relationships and leadership qualities.

Individual alertness games were included to help students improve their concentration, quick thinking, and awareness. The students participated with great enthusiasm, laughter, and energy, which created a positive learning environment. Many students expressed that these activities helped them feel more confident and aware of their strengths.

Overall, the session was a rewarding experience for both the students and myself. It successfully combined learning with enjoyment and encouraged students to reflect on their personal development. The program helped the students gain confidence, understand the value of teamwork, and become more alert and self-aware. Such interactions are valuable in shaping young minds and supporting their journey towards becoming confident and responsible individuals.



## Learning Outcomes

After attending the personality development and team-building program, the students were able to:

1. Develop better self-awareness and confidence in their abilities.
2. Improve communication skills and positive interpersonal behaviour.
3. Understand the importance of teamwork and cooperation.
4. Enhance individual alertness, attention, and quick decision-making skills.
5. Build a positive attitude towards personal growth and future challenges.

